I wish we feel our best 🤜🤛

The essence contains action within itself, not the other way around. It is better to act from essence rather than trying to achieve an existing, simple, and loving essence — out of a fearful action that might cause harm because it has become .habitual

Restore our judges as in the earliest times, and our counselors as at the " beginning; remove sorrow and sighing from us, and reign over us soon, You alone, Lord, in righteousness and justice, with kindness and compassion. ".Blessed are You, Lord, the King who loves righteousness and justice

If God is the first, the basis of all reality, the one who was, is, and will be, then " "everything is his continuity, which means that everything is divine

from me

In creation there is no power other than the Creator himself, that would have " the ability to act and do something. Sometimes man sees that there are things and forces in the world that deny in his eyes the uniqueness and control of the Creator. The reason for this is that this is what the Creator himself wants and ".does, in order to correct man

Rabbi Baruch Shalom Ashlag I heard | Article B | A matter of exile

If we both believe that God is the only one who controls our world how can " either of us be guilty? And how should either of us do his will if he is the only one "?who acts? Is your belief in his power not real

warning: do not test your faith, god, or reality by not thinking rationally, life is * full of hazards, there is a reason for everything beyond your experience, this text is only for you to see that everything is in place, to strengthen your faith in god .*and to promote world peace and redemption for all of us

According to the Ramchal (Rabbi Moshe Chaim Luzzatto), God is inherently the " ultimate good, with no other good like Him. He rules alone, and there's no desire other than Him. Since goodness is to benefit, God desires to bring pleasure to others, so He created the world to allow beings to enjoy His goodness by being close to Him. However, since His goodness is infinite, He aspires to grant absolute good, which is His own goodness, so He decreed that His creations find .their benefit and delight in being close to Him

To achieve this complete good, beings must acquire their perfection through their own efforts, choices, and actions. Thus, God created a world with both good and evil, giving humans the choice to gravitate towards either, allowing them to reach perfection and connection to the Creator. Fulfilling commandments spreads the light of God's completeness, while committing .transgressions draws impurity from the forces of evil, blocking this light

Given that the ultimate purpose of human creation is to connect with God, individuals should have no other goal in life and should align all their actions .towards attaining it

The Ramchal explains that God's revealed perfection is His unique dominion over all events, allowing for the existence of evil and choice. Thus, God's uniqueness enables the existence of evil, which contrasts His goodness and .reveals His unique nature even more

This is a definition by negation, because nothing can be said about the Creator except that He is unique. He is neither strong nor weak, big nor small because these concepts belong to the material world. He is neither happy nor angry because He does not depend by the timeline, and therefore, there is no change in Him. In fact, what can be said about the Creator? That He does exist, although in a way that we do not understand, and that He is not all the definitions we made before, definitions that depend on material, time, or place. All that remains to be said about Him is that He is unique. If so, this is a definition by a way of .negating all the perfections known to us

In the degree of uniqueness, the good can only be revealed by giving room to its opposite, that is, to the forces of evil, and eliminating this evil possibilities

reveals hes uniqueness. This is because evil is the lack of revealing hes .uniqueness, and the more good there is, the more hes uniqueness is revealed

Despite this, God's uniqueness is the most valuable quality, closely tied to His existence. Historical events, guided by the "revolving wheel" (as termed by the Ramchal), lead to the revelation of God's uniqueness, often through the increase of evil. Eventually, it will culminate in the Messianic era, where souls will delight .in the revealed perfection

The Ramchal posits that two parallel forces exist: the eternal force of uniqueness, revealing God's perfection and leading to unity with Him, and the temporary force of justice, educating and rewarding human actions to prepare them for the revelation of the unique force. He explains that justice is necessary in a world with good and evil but is itself finite and will be eventually abolished, as God desires the perfection of all His creations." - wikipedia

On the path of the search, the wise and the mad are the same. Friend and " stranger are the same in the eyes of love. And to the one drunk of the wine of the - ".soul of souls, the temple of God and the temple of idols are the same

Jalāl al-Dīn Muḥammad Rūmī

1. All objectivity is subjectively objective; it is a specific truth in my experience .but not the whole truth

Our very existence exactly as we are (which, of course, is different from the rest, and that too for the better because we have not yet understood reality and ourselves because our very existence is a constant discovery) conditions our .world view from the very beginning

When you understand that what seems real to me does indeed seem so to me, but it might be better and beyond, because why would I decide that something ?will not be in my best interest if I can make it so

You understand that thoughts are not "just thoughts" but something that exists and affects us, and just like my consciousness is "something randomly created ,"in a physical body

.My body can also be created from consciousness

.I know this because to have a body is to feel the body

.Feeling is a way of knowing

.And knowing is something our consciousness does

The belief that consciousness has a beginning or an end, and that matter is the primary reality that was here before consciousness and created consciousness, is not backed up by our personal experience, research, or fact; it's simply a .belief

Consciousness is the only constant thing in your experience; reality is made of consciousness, of which you are also aware, and the one who is not only aware of it but creates it is God.In addition, they did an experiment in quantum physics and discovered that particles of matter change their behavior as soon as they are .observed, matter is conscious and made of consciousness

And so my body was created with wisdom, knowledge, and intention by divine .consciousness – a creative power that is God, and believe me, He is good

:Please allow me to explain and give you examples of His goodness

.2 I have proof or a way for you to understand the fact that there is a Creator, with an explanation of what and who is a creator of the world in my opinion .(literally, a creative power)

And an explanation of the fact that the Creator's intentions are always good and that everything He does, has done, and will be doing is for our benefit and for the benefit of each and every one of us in private supervision, despite what we could .experience as different from it

:proof that the Creator exists

.Potentially and internally, we all know that there is a Creator (in simple terms)

Even an atheist, if he were honest with himself, would know that there is a .creator of the world (that something creates the world)

.Even if he knows it's random

And even if he knows that there are some opposing forces that act as natural ,selection

,And even if he knows that he is already created and predetermined

For a person that understands reality like that, the lack of choice will be a)
(.creating force, or existence itself that creates itself

even if he knows that everything exists and there is no choice except to see that
.there is no choice

And even if he knows that he himself is the creator, he still knows there is a
.creator

Wait, so what about all the "bad" things that happened? What is this bullshit? .3
?"What does it matter if the world was "created

.That's where hope, faith, and knowledge come in

It is said that on that day, God will be one and named one because, in order to believe that everything is for your own good, you need to know that everything
.comes from one good and benevolent source

The very acceptance that everything God does has been done and will be done for our own good opens up as many possibilities as the thought

.that everything I thought was bad might be good

?What possibilities does this hope, faith, or knowledge open up

:More of those that are all in our favor

That you were always good in relation to your circumstances because it was your
.destiny; a power greater than you activates everything, including you

But He is good, and there is a possibility of choosing the next and a possibility of learning from mistakes, and the mistakes were not what we thought at all, and
.everything turned out for the best

One of the insights that have been achieved is that there is only "isness" or existence; nonexistence simply doesn't exist (you cannot think of "nothing" only as a lack of something that exists; there is no need to be afraid of disappearing or reaching an unpleasant situation because we are so small in the infinity; there is
.a good creator and free choice)

We will return to the understanding that there is only isness or existence (if we improve it, we will understand that every death that happened happened for the
.best and not as we thought)

Let's continue to not limit ourselves from there and realize that infinity exists
.because between 0 and 1, there are an infinity of numbers

.etc ,0.4 ,0.3 ,0.2 ,0.1

Abstractly imagine a person in front of you: in every cell of his body there is another world with the same proportions, only smaller physically; maybe even a universe; maybe even a different one; and inside each one of them is another .person, and so on and so on and so on

.Now you can imagine infinity

Let's continue with the understanding that even if someone died in front of my eyes, it is true that it happened to them, but not the whole truth because everything God does is good. Maybe it’s just me who experienced him experiencing pain, but they left their body at that moment and passed on (Maybe even within himself?) (there is an infinity) (Maybe a second here is 5 years there?)

People pass away for diffrent reasons like going do diffrent realms, expirence .time diffrently, each person has different lessons and stuff to go through

Maybe There are times(and maybe you can choose otherwise) when there is pain, but it is also for the better. We are not at the end of the process and do not know what happened in the previous incarnation; maybe the person was a being who thought they deserved to suffer and continued to insist on thinking that way even when they died, and now in this incarnation they realized how good they .were that it actually hurt to realize they were so good and got rid of it

Or maybe they realized that everything is working out for the best even after .something like this

.and this is practically our examination of the resurrection

We are in an infinite world; there are so many things in it that there are bound to be some things that are scary, painful, delusional, cool, beautiful, good, bad, everything of everything (by the way, on this subject, even if we live together in a shared experience, your experience is your own, and if another person goes a different way or even against you, it really doesn't matter because whoever creates everything also created them for your benefit), so of course nothing is .your fault

Don’t forget the fact that we are all egoistic as human beings and want to receive for ourselves, and this is natural (we are born as babies who want to receive milk and one hundred percent nourishment from the environment, and even the most altruistic person is altruistic because they like to see that their experience and that of others is good). The question is only if we receive the good or what state of .consciousness we are in

If you don't resonate with the concept of infinity because it's just an idea and you can't count infinity, or because it's something abstract in Kabbalah that can't be grasped (an unintelligible divinity), that doesn't mean you can't find evidence and support for realms beyond—such as out-of-body experiences, instances where people didn't feel pain when injured, supernatural abilities of humans, like the times the CIA used individuals for remote viewing of events without them being .there, utilizing the power of their consciousness, and so on

The world can be infinite; the fact that it cannot be contained does not mean it .does not create itself, and we are all part of it

Why do we sometimes have an experience where we don't experience the ?presence of the Creator? Or the creation as a whole, or ourselves

.First of all, acceptance of the situation will allow development

Because only through ignorance can you start getting informed and gain .knowledge

.3 So how do you reconcile the contradiction of "how can it be that there is a good God while pain and absurd situations also happen? Why would they happen if there is a God? We reconcile it with faith, we need to understand that because God is perfection, then there is infinity in him, im talking about perfection in terms that God contains everything, not in terms of whether it pleases us or not, so god contains even such situations, the point of this situations is the development of our awareness, the understanding that whatever happened did not just happen for no reason and is also good and for our benefit because of the fact that there is only God and the belief that He is good and benevolent, the belief that hes will is the only thing there is and that hes will is good for us, I am talking about the negation of evil in the face of God's uniqueness (because if it was created by Him, it is for our benefit if we have faith and wont judge as if we are gods lawyers and in a court room instead of in gods perfect creation), as a result of this, we expirence the feeling of spiritual abundance upon reaching a state of there is no other but him(god), and the .comparison of the form to Him(god)

Another explanation is that because the Creator is a creative force that creates us, he is not a creation that can be seen or felt; only His expressions are

possible. He's the one creating, not creation, even though there is nothing else .besides Him and He is the only thing that can be felt

.Everything is part of him, but nothing is him

.This is how things are created out of nothing, like magic

They are actually God, who creates himself, and so are you (there is no other but .him)

That's why it’s said in the scripture, "Thou shalt not make unto thee any graven image", but mostly to prevent you from judging yourself because you think that .the divine being is angry, but it's not; it C-R-E-A-T-E-S

.The magic is knowing that this moment is in your favor

?If you ask, How is it possible to go on after all this pain, and what for

First of all, don't lose faith; we don't see how the situation will work out or what will happen in the future, and every thought about it we had a moment ago in the .past. It's just to make assumptions; everything will work out

For God, your good future is part of the past; only through ignorance do you reach .knowledge. You are about to be surprised

(.The very thought and belief that there is a God dissolves all fear)

Everything you've been through has made you understand so many things that can be of use to you in the future, maybe helping people who have gone through similar things with acceptance without any personal interest or judgment, and most importantly with understanding, sympathy, a shared experience, and the .development of creation for your benefit

Another thought about why everything happened is that maybe the Almighty, the whole being that you are, is a bit like in the movie Matrix and going through a correction of acceptance, dealing with fears, discovering how amazing you are, and knowing that we deserve good and our whole being is a part of our soul that needed correction and will fix all the soul that we are and you are much, much bigger than it seems to you, and maybe it's more pleasant to accept both and it's not like that, maybe it's both, but the main thing is that everything is for the best .from the Creator of a good world

Maybe it's because receiving is possible after you give up taking and allow .yourself to truly receive

In addition, sometimes we think that we only want to feel good all the time, but without feeling bad at all, we wouldn't know what good is; everything would be the same and it would have no value; in fact, the purpose of every descent is to .ascend

4. I do advocate for choosing to go from the bottom up in an inclusive manner in our understanding of God and to comprehend Him as a creative force before any kind of being, and that this will unite humanity and cause it to experience miracles regardless of this unity individually as well, because this is the goal of every religion that people know God as creation, and within every religion, the .people who do not believe are simply not aware

They first need to know that there is a creator; it doesn't matter if it's Hashem, .Allah, Jesus, Buddha, etc

It's like before a baby can understand that the sun is called "sun" and is a ball of fire, he feels it with his senses, so if the believers think that redemption will come if all the Jews will stick to the commandments, or that Muslims will all convert everyone to Islam, or Christians will all convert to Christianity, I think it's better to .start with everyone knowing that there is a Creator and that he is good logically

If you know that there is a good and benevolent Creator, everything is good, .because you know whatever happens is best and does not do you any harm

It seems to me that it can really help (for me at least) to believe for myself because, after all this, if there is a possibility to think that everything is in your favor and choose to believe in it, I see no reason for a person to choose not to, .and if so, it is also for the best

In short, don't be afraid of anything; even if we are in a shared dream, know that we are all divine, and because there is infinity and everyone experiences life .differently, each and every one of us is a whole world

They say in Kabbalah that all the worlds are all within the person, and that's because your awareness is everything. They don't just say that knowledge is power; it's much more. Without your awareness, your experience doesn't exist for you, and this is true for all of us. You can't think of an experience without

awareness. Everything is necessary for redemption, and it is redemption itself. There is not a single thing wrong or out of place here; the experience itself and .everything we experience are made of pure divine consciousness

Our experience is a product of comparison for the sake of discovery, which of course is for your own good. Consciousness does a trick by saying that there are .things that are not it in order to compare, discover, experience, and develop

Why is experience a product of comparison? Because without darkness, you .don't see light; without light, you don't experience darkness; etc

(.As Rabbi Nachman said, the whole point of the descent is the ascent)

So in terms of concern for the material, I think it is important that we have this .information

Listen, God has always existed and he always will; the Messiah would've said that God is the only one anointing us with his mercy and would become the Messiah like that, and eventually everyone would’ve made everyone divine in

.this way, through the belief in god

After realizing that everything they did was not their fault because there is a Creator who made them do everything before they were awake and that everything happened for a reason, even their free will, and that there is no other ,besides Him because everything is made of the Creator's power

I agree with Christians also, since there is infinity, Jesus also became God, and he has always been God, because absolutely everything is made from and by the Creator's power; all is God who develops himself. The Jewish believers say that the Messiah was born on Tisha BAv; God has always existed; He is the Messiah, .and so is "born" at every moment also on Tisha BAv, and so are we

The infinity contains within it the Tisha B'Av as well, in infinitely different ways at every moment and in the future. Within the infinity there is not only past, present, .and future as a timeline; everything already exists in it and can be better

.The past can even be changed by the creator

Judaism, Christianity, Islam, and science are peaceful religions because they support our faith; they or we who are different are also created by the good and .benevolent God

(And I intentionally include science here because it is not absolute law; it is observations of the past and predictions of the future based on them, and using them for the present is a belief system that is anchored in the reality of the Blessed God, or the Beloved, as the Sufis call Him.) By the way, on this subject, it is recommended to watch the lecture by Alan Watts, who also talks about .science, religion, and a lot more, called The Nature of Consciousness

Regardless, I also recommend Rupert Spira's book, which talks about the transparency of things, called The Transparency of Things: Contemplating the .Nature of Experience

.5 Everyone has good intentions to enjoy the moment, improve the moment, or get rid of pain. No matter what moment we are in, good things happen all the .time

Even a person who did something "wrong" and knows 99.999% that it was bad thought that maybe 0.001 percent would work out for the best somehow, even if he wasn't in a state of mind that fully understood the consequences of his actions. At the end, there is a Creator, and things happen for so many reasons .that everything is for the best

.And of course, it also gives us an opportunity to learn from our mistakes

Most importantly, God is here for each and every one privately in a way that is .most true for him or her

In my opinion, Muslims, Jews, and Christians are inseparable things at all, the same creation, different directions (also according to Judaism, Islam, and Christianity, everyone who comes into the world is a part of their religion); in .Judaism, a Jew is someone who changed his destiny to God

And we all also believe that there is at least a concept of people who believe that there was a man named Jesus who went through certain things, and a man named Muhammad, a man named Moses, and a man named Abraham, so as a .result of that, in some sense, we believe in them

Understand that because there is infinity it did happen even just because of that, not only from a quantitative point of view but also from a Kabbalistic point of view, infinity is an "unrealized" divine potential, a divinity without a human pattern as we are used to it, and our world is built from this divinity even if divinity is in patterns or borders for our human experience, at the moment, its made from Absolute good, its made from divinity firstable, and we must treat the world in that way even if in our opinion it didn't happen, because for those in front of us it did happen, if there is no other but God and he creates everything we must treat everything with the respect it deserves, not like judges as if we are Accused in a .court of law, but as if we are in the creation of the good and benevolent God

Know that before the nobles were ennobled and the creatures were created, " there was a simple supreme light that filled all reality. And there was no free space in terms of empty air and space, but everything was full of that simple infinite light. And he had neither an examination of the beginning nor an examination of the end, but everything was one simple light equal in comparison to one; it is called the "infinite light". ("Tree of Life" book by HaARI, aka Rabbi .Isaac ben Solomon Luria Ashkenazi)

In my opinion, Abraham, Moses, Jesus, and Muhammad were right in the idea of "Don't say the day will come, bring the day and "We are divine", It is very exciting that they went their own way, unlike the majority, and said that this world is part .of a divine reality and that God is good and benevolent

All religions can be true at the same time. After these understandings, Muhammad's prophecy can also be the last. Sometimes the last is not the newest or final but simply some kind of last, and of course it can be the last for Muslims. But we are in infinity and in the reality of Allah/Jehovah/God or ourself before we read the words of the prophets, whether it is Moses, Jesus, or Muhammad. If something is true for you, then it is true for you. But remember that it is true only for you, and for it to be true for you, it does not have to be true for the rest. There is a God, and he arranges everything with exemplary precision, and if you have to reverse it For the rest, he himself will do it, not us; our faith is .full faith in the blessed Creator

For example, I'm Jewish, Christian, and Muslim at the same time, and it doesn't) matter at all; every person is a whole world, and when you know that there is a Creator who is good, the differences don't matter because they don't pose a threat at all. What's more, suddenly all approaches are correct because there is infinity. Even if a person wants you to convert to Islam, become a Christian, be

Jewish, or be an atheist, no one has an influence on us if we don't give it to them or see it as something promoting. And God knows best what's good for every .person

and no one has power over Him, and the care that God has over each and every one of us will not be taken away by any human threat. And it is on all of us .because we are all part of His creation, whether Jewish, Muslim, or Christian

6. Right now, in my opinion, the most important influence in the world is the .understanding of these spiritual insights by everyone

These are things that go beyond the three religions: the understanding that truth is subjective and their starting point and creation is that a Creator who is purely .good creates us

Muhammad can be the last prophet, Judaism can be the true religion, and Jesus can be the Messiah, and all this at the same time because every experience is subjective; objective reality does not exist; everyone's reality takes place because they perceive it exactly the way they do. Even if you don't accept Jesus as the Messiah, Muhammad as the last prophet, and the religion of Moses as the true religion, it doesn't matter, and it's not an obligation on you at all; it's much more than proving justice; it has to do with what we do with these .understandings between ourselves

It is about faith in the Creator, belief that everything is good and precise, the relationship between man and his peers and between man and himself, and the .development of creation

7. there is a very specific goal in all religions that is missed out in all of them without an exception, and that is that every person can understand logically that there is a good Creator, this goal is so missed, the fact that a person is a prophet and received a religion does not mean that the Creator is limited to what he said in the past does not mean that Islam, Judaism, Christianity and science are not subject to change and does not mean that Islam, Judaism, Christianity and science is not part of something that is beyond a system of beliefs and laws (part of the creation of the creator of the world) let's face it, they quite missed the .point of everything I wrote here, at least in my personal experience

Yes, Jesus also became God (not that he ever was anything else) before his death because there is nothing but God, and God created him all the time, so he was .made by and from God, like the rest of us

.On one level or another, to be made of the Creator is to be the Creator

.You really need to check your divinity; there is nothing but God here

.For me, "Jesus" can be the Messiah, son of Joseph, and not the son of David

Or affect me unconsciously because, first of all, "he" is made by an absolutely .good creator

Muhammad is the last prophet, and the religion of Moses is the truth; everything .is true at the same time

The important thing is that the very existence is true, not all these definitions. But for it to become truer, you need to understand that everything is already exactly .where it's supposed to be

The infinite light that the late Ha'ARI and the Kabbalah speak of is not a physical light; it is a light of divinity and understanding. As Rabbi Eric Neve says, when people say about someone that they are enlightened, it means that they know reality is divine, and even when people mean it not in a divine way but as slang, they mean that this person knows how to conduct themselves, they understand how to act, and they have good manners. Why? Because this understanding or .spiritual attainment (the divine light) illuminates them

(.And sustains them, first of all)

So we are much more connected than we think if we see that first of all, the most important thing is to understand how a miracle works—the salvation of God in .the blink of an eye

There is nothing that the Creator of the world has done that is bad or not good; .everyone always has a good intention

If you were supposed to be in another place or another world, you would have been there a long time ago, and the reason you are not there isn't because you did not do enough, because you did not prove yourself, or because you did not give up your illusions, but because your desire is to be here for our benefit and to develop. Only through existence do you reach existence; there is no such thing

as real non-existence, and pain is not a necessary solution. On the contrary, .consent is necessary

:Just a few Rumi quotes to resume

I am the heresy and the faith, the filth and the purity. I am a baby, an old man, " and a teenager. Please do not say, "He died in sorrow. Just say, "He died. He ".would be resurrected and then taken by Allah

Beyond apostasy and Islam, there is a field where we meet. Head to rest on the " ".grass, and there is no apostasy, and there is no Islam, neither here nor there

For my Muslim friends, this is not a sentence that denies Islam; it was written by) a Muslim poet; it is a sentence that describes an ideal situation; and I myself am (.a Christian Jew and Muslim at the same time

Come, come, whoever you are—a vagabond, a worshiper of God, one who likes " to leave—it doesn't matter; our caravan is not a caravan of despair. Come, even if "!you have broken your vows a thousand times, still, again, come

".At the heart of every religion lies love, but love has no religion"

So everyone is right; have fun in heaven after the chips are down. So yes, we are .all part of God's will, and the wolf also shall dwell with the lamb

.Jews, Christians, and Muslims are manifestations of the Creator

A Jew can think that a Muslim and a Christian are right; a Muslim can think that a Jew and a Christian are right; and a Christian can think that a Jew and a Muslim .are right

Thank you for letting this happen. God

.Heed, Israel, the Lord is our God; the Lord is one

People think it's just thoughts, but when everyone knows this, we will have world .peace

By the way, I am a person just like you; there is nothing better or more sublime in me than you. If you ask everyone who knows me, they will understand. Let's say that I have learned a lot from my mistakes. Complete redemption to all of us, !brothers and sisters

For infinity that experiences evil, I add because there is only isness, there is also ,finitude and an end, and every end is a new beginning

.there is also infinite good

In a world filled with diverse beliefs and paths, let's come together and recognize the common thread that unites us all – the belief in a benevolent Creator. This .Creator, the source of all existence, emanates goodness beyond measure

At the heart of every religion lies love. Each path, whether Jewish, Christian, Muslim, or beyond, is a manifestation of the same divine will. Our differences enrich our collective understanding, reflecting the infinite ways in which we .perceive truth

Remember, truth is subjective, and beliefs vary. What matters is the shared belief in a Creator's goodness. In this understanding, we find the strength to overcome obstacles, knowing that every experience, even pain, serves a purpose within a .greater plan

Let's relinquish judgment and embrace compassion. We are all on a journey of growth and discovery, learning from our experiences. Our existence, diverse yet .interconnected, is a testament to the Creator's wisdom

In unity, we find peace. Let's envision a world where understanding and acceptance flourish, where the pursuit of goodness and kindness is our shared goal. We are all part of a divine creation, and by recognizing this, we can inspire a .harmonious world for ourselves and generations to come

I hope you will share the text because God has given us the ability to influence .and we must be His branches and create a harmonious reality for ourselves

I recommend that you consider transitioning to veganism, maintaining a healthy and minimalist lifestyle, and promoting sustainability. A plant-based diet not only contributes to your personal health but also reduces environmental impact and prevents harm to animals. A minimalist lifestyle helps reduce unnecessary consumption and resources, which contributes to preserving the planet for .future generations

:Final quote

When you awakened to yourself, the change you underwent is such that in your " :hierarchy of preferences, two fundamental stars now shine

To be authentic at any cost (without self-deception and in general)

Being happy is your essence (preferring what exists, including a natural desire for improvement)

Remember that joy is the preference for what is present, not a mood. Moods) rise and fall to build the experience of "having" through the illusion of "not (.having," and this is normal and completely controllable with clear awareness

Any additional preference of yours—such as influence, giving, enjoyment, renewal, empowerment, growth, closeness, examination, challenge, change…— each and every one of them can set off only if your two new basic preferences .are active, and you essentially move forward through them

:In other words

Today, when you are fully awake, if you are not authentic and happy as you act .toward your goals, it's better not to act at all

.Understand, from the moment you chose—you were chosen!! This is very joyful

"Thank you for our coming

.We are afraid to allow our hearts to let go of control

Without control, our self-identity disintegrates in seconds. And that's what we fear the most. For us, being without identity is like being nothing = death. We

prefer to cling to any identity we've formed for ourselves in the past, even if it causes us great suffering. We're willing to remove one identity just to replace it with another. But to be without identity, to be empty—we don't dare. Moreover, .we even struggle to hold on to that identity, the one that causes us suffering

In this way, we hinder the quantum leap we so deeply long for. In the present moment, there is no identity. In a truly open heart, there is no identity. In intimacy and merging with nature, with creation, or with those close to us, identity dissolves. Until we're willing to take the step and see what happens when everything dissolves, we'll miss life itself. We'll live with the feeling that there's .something here we haven't yet deciphered or reached

Thank you that we came ❤️Dor Poles